



MUSIC THAT ROCKS

THE PRESCHOOL CLASSROOM



Presented by Lisa Baydush, Early Childhood Music Specialist
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Welcome to Music That ROCKS the Preschool Classroom! This is a collection of songs that I have found to be very successful with my students. There are so many more I could have included, but given time constraints, I limited the selections (mostly) to songs with Jewish content and deliberately omitted songs that you are likely to already know. These materials (and more) are available on my website, <http://Lisa.ShirSynergy.com>. Feel free to contact me anytime...
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~Lisa Baydush

Please note these fabulous on-line resources:

- Tot Shabbat: www.TotShabbat.com
- Hava Nashira: <http://ot006.urj.net/>
- Songs for Teaching: <http://www.songsforteaching.com/>
- The Children's Music Archive: <http://judyanddavid.com/Songbook/A.html>
- Songs for Children: <http://www.ccplonline.org/kids/songs4tots.html>
- Judaica Sound Archives, Children's Music: http://faujsa.fau.edu/children/children_albums.php
- Hebrew Songs: <http://www.hebrewsongs.com/>
- Songbook: <http://kristinhall.org/songbook/Songbook.html>



Shameless plus... I'm delighted to share that my group, Shir Synergy, has recently released our new children's CD, Sing a Song... check it out at www.cdbaby.com/cd/shirsynergy2!

HELLO! GOODBYE...

Boker Tov

[G]Boker Tov, good morning, good [D]morning,
good [G]morning; [G]Boker Tov, good morning,
I [D]love to see you... [G]smiling at me!

Boker Boker Tov

by Sally Heckelman, adapted, capo 2

[G]Boker, [C]boker [G]tov,
[C]Boker [D]tov to [G]you (repeat)

Good [C]morn[D]ing my [G]friends!
Sha[C]lom [D]chaver[G]im!
Good [C]morn[D]ing my [G]friends!
C[C]'mon and [D]sing with [G]me! [D]Oh...

It's [C]great [D]to see [G]you...

Shalom Yeladim

by Peter and Ellen Allard

Sha[C]lom yeladim, sha[F]lom yeladim
Sha[G]lom shalom sha[C]lom! (repeat)

Shalom to [G]Jessica, Shalom to [C]Joshua
Shalom to [G]Abby, Shalom sha[G7]lom sha[C]lom!

Hello Everyone

by Joanie Leeds, capo 1

[G]Hello everyone, how are you?
It looks like you've got some [G7]dancing to do!
Can you [C]dance, dance, dance
[D]Now everyone [G]freeze!
end with: and [D]now let's sit [G]down!

Can you [C]clap, clap, clap,
clap your hands way up [D]high?
Now [C]shake your hands,
shake them up to the [D]sky—! ...

Can you stomp, stomp, stomp, **stomp your feet** on the ground?
Now **twirl your arms**, twirl your arms all around...

Can you jump-jump-jump, jump-jump-**jump up and down**?
Now turn-turn-turn, turn-turn-**turn all around**...

Can you shake your head side to side with a swoosh? Whoosh!
Now wiggle-wiggle-wiggle, wiggle-wiggle **wiggle your tush**...

Hinei Mah Tov

by Judy and David Gershon, adapted

Hi[C]nei mah tov u[F]ma na[C]im
...[F]Shevet a[C]chim gam [Dm7]ya[G7]chad (repeat)
...Shevet [F]achim [G]gam ya[C]chad [Dm7]Yeah!
Shevet [F]achim [G]gam ya[C]chad

[F]Ya la [C]la (clap clap) [F]Ya la [C]la (clap clap)
...[F]Ya la [C]la la [Dm7]la la [G]la— (repeat)
...Ya la [F]La la la la [G]la la [C]la! [Dm7]Yeah!
Ya la [F]La la la la [G]la la [C]la!

[C]C'mon everybody, [F]clap your [C]hands (clap clap)
[F]School is [C]here, let's [Dm7]make new [G]friends!
[C]C'mon everybody, [F]look and [C]see,
We're all [F]winners at the [G]JC[C]C! [Dm7]Yeah!
We're all [F]winners at the [G]JC[C]C! Ya-la's...

It's Time to Say Shalom

by Lisa Baydush, capo 3

Well, it's [G]time for me to [C]say
I had [D7]fun with you to[G]day
So I'm [Am]kinda sad to [D]say, "Sha[G]lom!"

Sha[G]lom, my friends, sha[C]lom
Sha[D7]lom, chaverim, sha[G]lom
It's [Am]time for us to [D]say, "Sha[G]lom!"

Shalom, Goodbye

by Ditzza Zakay, capo 3

[G]Shalom, goodbye, it's time to say goodbye,
Shalom, goodbye, I leave you with a [G7]smile
Clap your [C]hands (xx), stomp your [G]feet (xx),
Raise your [D]hands up to the [G]sky[G7] (woo, woo)
Touch your [C]nose, wiggle your [G]toes,
'Cause it's [D]time to say good[G]bye!

[G]Shalom, goodbye, it's time to say goodbye,
Shalom, goodbye, I leave you with a [G7]smile
Nod your [C]head (xx), tap your [G]knees (xx),
Raise your [D]hands up to the [G]sky[G7] (woo, woo)
Click your [C]tongue (xx), now we're [G]done,
'Cause it's [D]time to say good[G]bye!

Rap: (Everybody clap your hands xxxxxx)

Clap your hands and stomp your feet,
Now, everybody move to this rockin' beat
Now, nod your head, click your tongue,
C' mon yeladim, 'cause we're almost done! (xxxxxx)

First verse... end with:

Sha—[C]lom, my friends, sha[D]lom good[G]bye [D-G]

Shalom

by Peter and Ellen Allard, capo 3

[G]Shalom, sha-la-la-la-la, [D]Shalom, sha-la-la-la-la,
[C]Shalom, sha-la-la-la-la, [G]Sha-la-la-la-la-la;
[G]Shalom, sha-la-la-la-la, [D]Shalom, sha-la-la-la-la,
[C]Shalom, sha-la-la-la-la, [D7]Shalom, sha[G]lom!

[G]Shalom to my [D]friends from (class)/special friends,
Shalom is [G]what I say,
[G]So happy to [C]see you,
[D7]So happy you were [G]here today!

Shalom Chaverim

by Elana Jagoda

[C]Shalo—m, sha[F]lo—m, [C]chaverim!
Sha[Am]lo—m [G]chave[C]ri—m!
[C]Shalo—m, sha[F]lo—m, [C]chaverim!
Sha[F]lo—m [G]cha—ve[C]rim!

L'[F]hit[G]ra—[C]ot (3x) Sha[F]lom, [G]chaver[C]im!

[C]Goodbye, my [F]friends, good[C]bye, my friends,
I'll [Am]see you [G]soon [C]again, my friends!
[C]Goodbye, my [F]friends, good[C]bye, my friends,
Sha[F]lom, [G]chave[C]rim!

HOLIDAY HITS!

ROSH HASHANAH...

It's Rosh Hashanah by Lisa Baydush, capo 2

It's [G]Rosh Hashanah and I'd [C]like to [G]say,
 "Sha[C]na To[G]va, happy [D]holiday!"
 [G]Rosh Hashanah starts a [C]brand new [G]year
 Hear the [C]shofar [G]sound,
 Give a [D]great big [G]cheer!

Sha[C]na To[G]vah! (xx) Sha[D]na To[G]vah! (xx)
 Sha[C]na To[G]vah! (xx) Sha[D]na To[G]va-a-ah!
 Sha[C]na To[G]vah! (xx) Sha[D]na To[G]vah! (xx)
 Sha[C]na— [D]To—[G]vah!

Shofar Blast by Peter and Ellen Allard, capo 2

I [Am]like to hear the [Dm]shofar blast
 [E]Sometimes slow and [Am]sometimes fast!
 I [Am]like to hear the [Dm]shofar blast
 [E]Happy, happy [E7]happy new [Am]year!
 (to end, repeat last line 3x)

1. [E]T'ki-ah----- (echo) (chorus)
2. Sh'va-[E]rim----- (echo) (chorus)
3. T'ru-[E]ah ha ha ha ha ha ha ha ---- (echo) (chorus)
4. T'ki-ah g'do-[E]lah----- (chorus)

Chag Sameach, capo 3

[Am]Chag sameach, chag sameach,
 [Dm]Lai— lai lai lai— lai lai [Am]lai—
 [Am]Chag sameach, chag sameach,
 [Dm]Lai— lai lai [E7]lai— lai lai [Am]lai—

[Am]Shiru shiru shiru shiru, chag sameach,
 [Dm]Lai— lai lai lai— lai lai [Am]lai—
 [Am]Shiru shiru shiru shiru, chag sameach,
 [Dm]Lai— lai lai [E7]lai— lai lai [Am]lai—

YOM KIPPUR...

G'mar Chatimah Tovah by Julie Auerbach, capo 3

[G]Open the book and [D7]write my name,
 Open the book and [G]write my name,
 [C]Open the book and [G]write my name,
 G' [D7]mar cha-ti-mah to-[G]vah.

I'll be a friend to everyone...
 I'll always try to do my best...

SUKKOT...

Build It Up by Peter and Ellen Allard

Build it up. Build—it—up.
 Build it up. Build—it—up. (repeat)

Gonna build a sukkah build it up so high.
 See the stars, up in the sky!
 Shake the lulav, shake it here and there,
 Shake it to show God is everywhere...

I Go to the Sukkah by Lisa Doob, capo 3

I go to the [A]sukkah with **things** in my [E]hands,
 I go to the sukkah **outside** where it [A]stands,
 I go the sukkah see the **sky** [D]above, [Dm]
 I go to the [A]sukkah [E]and **wave** the lu[A]lav!

And I wave it... (*sing fast!*)

[D]to the **front** and to the front and
 [A]to the **right** and to the right and
 [E]to the **back** and to the back and
 [A]to the **left** and to the left and
 [D]to the **sky** and to the sky and
 [A]to the **ground** and to the ground and
 [E]up and down and all around and [A]stop!

SIMCHAT TORAH...

Hakafa by Peter and Ellen Allard

[Am]Ha-ka-[Dm]fa— we go [Em]around
 and around and [Am]around and around and
 Ha-ka-[Dm]fa— we go [Em]around
 and around and [Am]around. (repeat)

We're [Am]marching with the Torah
 we [G]love, love, love, love, [Am]love.
 We're **marching** with the Torah
 [G]given by God [Am]above,
 Yes God is [E7]up and down and in and out
 and all around.
 (for new verses, substitute different words for "marching")

CHANUKAH...

Chanukah's Here by Lisa Baydush

[C]Chanukah's [Cmaj7]here,
 [F]it's time to [G]celebrate (repeat 3x) [C]now! [G]
How are we going to celebrate?
 ...let's spin the dreidel 'round (3x) now...
 ... let's light the candles (right^{3rd}) now (3x)...
 ... let's eat the latkes/choc. gelt (right^{3rd}) now (3x)...
 ... let's open presents (right^{3rd}) now (3x)...
 ... let's spend time with family (right^{3rd} now) (3x)...
 [F]happy[G]Chanukah! [C]

Everyone Can Be A Maccabee, capo 2

[C]1-2-3-4, 1-2-3-4,
 Get your drum and march along with [G]me!
 1-2-3-4, 1-2-3— Everyone can [G7]be a Macca[C]bee!

Brave and strong, we march along,
 There's much to do before the day is [G]done,
 Chanukah time is here once again,
 Happy Chanu[G7]kah to every[C]one!

In the Window by Judith K. Eisenstein, capo 2

In the [Am]window where you can see the glow
from my menorah on newly fallen snow
I will set you **one** little [Dm]candle(s)
on this the [Am]first night of
[Em]Chanu[Am]kah

How Many Candles? by J. Cytrynbaum, capo 2

[C]How many candles? How many candles?
How many candles do we [G]light?
[Dm]On our Chanukkah, [Am]on our Chanukkah;
[E7]On the **first** Chanukah [Am]night?
One! One! One-one-one!
[E7]**One** candle burning, [Am]**One** candle burning
[E7]On the **first** Chanukah [Am]night!

TU B'SHVAT...

Plant a Seed by Les Julian

Dig, dig, dig a hole, and plant, plant, plant a seed,
and watch, watch, watch it grow some food...
for you and you and you and you and you and me!

Tubie by Mike Stein, capo 2

[G]Tubie Tubie Tubie, [Em]Tubie Tubie Tubie
[C]Tubie Tubie [D]Tu B'sh[G]vat (repeat)

[G]Tubie's made from cardboard
[C]Cardboard's made from [G]trees
[C]That's why Tubie likes [G]Tu B'sh[Em]vat
It's the [C]holi[D]day of [G]trees. Oh Yeah!...

[G]Dig a hole and plant a seed,
Get [C]dirt, and cover it [G]up,
[C]Watch it grow with the [G]rain and [Em]snow
Grow [C]up and [D]up and [G]up! Oh Yeah!...S

PURIM...

Purim, Purim by Lisa Baydush

Purim (snap), **Purim** (stamp 2x),

Purim (slap legs 4x), **Purim** (clap 2x)! (repeat)

In (snap), this tale (stamp 2x),
this crazy mixed up tale, there was a
nice Jewish girl named Esther
who became Persia's queen! (twirl and curtsy)

...a foolish king, **Ahashverosh**,
(make circles with finger beside ears)
...a banished wife named **Vashti**,
(hand to forehead dramatically)
...a wicked advisor, **Haman**,
(hands on thighs, bend forward and grimace menacingly)
...a proud Jewish guy named **Mordechai**,
(hands on hips, standing tall)
...**plots and intrigues** all around
(fingers in front of eyes like a mask)
...we learn that **speaking up for what is right**
is a very good thing to do!
(hands to mouth, nod head)

Rash Ra'ashan by Rachel Buchman

[C/G]Rash, ra'ashan (shake your shakers!!!) (2x)
B'[C]chag Pu[G]rim, B'[C]chag [G]Pu[C]rim (repeat)
Purim (3x) hayom, [G]Chag Purim ha[C]yom (2x)

Nosh Nosh A Hamantash by Shirley R. Cohen

[C]Nosh, nosh a hamantash,
Nosh, [F]nosh a [G]hamantash [C]now! (repeat)
[F]**Roll** roll roll the [C]dough with me,
[F]Roll it [G]flat and [C]you will see
[F]Haman's [G]hat was [C]just [Am7]like [Am]that,
Let's [F]nosh a [G]hamantash [C]now (chorus)

Cut cut cut the dough with me, cut it straight and you will see...
Fill fill fill the dough with me, fill it full and you will see...
Fold fold fold the dough with me, fold it tight and you will see...
Bake bake bake the dough with me, bake it brown & you will see...
Eat eat eat it quick with me, eat it up and you will see...

PESACH...

Let My People Go by Sally Heckleman

TITO I've Been Working on the Railroad, capo 2

[C]The Jews were busy building cities
[F]all the live-long [C]day
[C]The Jews were busy building cities
and they [D]did it Pharaoh's [G]way
Moses tried to get them out of [C]Egypt;
He said, [F]"Let my people [C]go,"
But [F]stubborn Pharaoh wouldn't [C]listen;
He kept on [G]saying, [C]"No!"

[C]"Let my people go" - "No!"
[F]"Let my people go" - "No!"
"Please [G]let my people [C]go-go-go/go—!" "No!"
[C]"Let my people go" - "No!"
[F]"Let my people go" - "No!"
"Please [G]let my people [C]Go!" - "NO!"

Things are Bad in Egypt

TITO If You're Happy and You Know It

There were [C]frogs jumping every[G7]where! Jumpity-jump!
There were frogs jumping every[C]where! Jumpity-jump!
They [F]hopped through Pharaoh's door,
now they're [C]hopping on his floor,
There were [G7]frogs jumping every[C]where! Jumpity-Jump!

There were **lice** crawling everywhere! Itchity-itch! (2x)
Pharaoh scratched 'til he was sore, then he scratched and
scratched some more...

There were **locusts** swarming everywhere! Munchity-munch! (2x)
They ate all of Pharaoh's wheat, there was nothing left to eat...

There was **inky darkness** everywhere! Blinkity-blink! (2x)
Pharaoh stubbed his toe—ouch! Then he bumped his nose—ouch!...

Sing, Dance, Jump and Shout by Lisa Baydush, capo 3

[C]Sing, dance, [F]jump and shout,
[G]Play your tambou[C]rine;
[C]Sing, dance, [F]jump and shout,
[G]be glad we're [C]free!

[F]Miriam [C]led the way [G]joyous[C]ly,
[F]Follow [C]Miriam, [G]be glad we're [C]free...

[F]Mi Cha[C]mocha ba-ey[G]lim Ado[C]nai,
[F]Sing a [C]song of praise, [G]ev'ry girl and [C]boy...

YOM HA-ATZMAUT...

Rooty Toot Toot, Yom Ha-atz'maut

by Peter and Ellen Allard

Chorus:

Boom boom, zoom zoom, ding-a-ling
rooty-toot-toot, Yom Ha-atz'maut! (repeat)

Clap hands, hip hip hooray
on Israel's Independence Day!
Clap hands, hip hip hooray
on this special day! (chorus)

*clap hands, stamp feet, nod your head
do a dance, bounce up and down, turn around...*

SHABBAT...

Sha-ba-ba-ba-bat by Sally Heckelman, capo 2

[G]Sha-ba-ba-ba-ba Shab[C]bat Sha[D]lom (3x);
Shab[C]bat Shab[D]bat Sha[G]lom

Shabbat Shalom to my **friends** from...

Shabbat Shalom to You by Andi Joseph, capo 2

[C]Shabbat sha[G]lom (3x) to [C]you (2x)
Sha—[C]bbat sha—[F]lom,
Sha—[G]bbat, sha—[C]lom,
Sha—[Am]bbat sha—[F]lom,
Sha[G]bbat shalom to [C]you!

Shabbat Shalom by Judy Caplan Ginsburgh

[C]Shabbat sha[G]lom (xx),
[F]Shabbat sha[C]lom (xx)
Shabbat, Shab[G]bat sha[F-G]lom. (repeat)

Chorus:

[F]Shab[C]bat [F]sha[C]lom,
[F]Every Friday [G]night
[F]Shab[C]bat [F]sha[C]lom,
[F]Every [G]Friday [C]night

[C]We light the [G]candles,
[F]We light the [C]candles,
We light the [G]Sabbath [F-G]candles (repeat) (chorus)

We drink the wine (2x), we drink the Kiddush wine...
We eat the challah (2x), we eat the braided challah...

Hal'l'l'l'l'luyah capo 1

[G-D-C-D]Hal'l'l'l'l'luyah...

Shake the hand of someone next to you...
Wave to a friend and share a big smile...
Blow a kiss to someone very special...
Let's dance around 'cause Shabbat makes us happy...

There's a Dinosaur by Linda Arnold (adapted), capo 1

Knock knock knock! I'll get it! Shalom! Wow! It's a dinosaur!

Chorus:

[G]There's [A]a [D]dinosaur, [G]knockin' at my [D]door,
Knockin' 1 - 2 - [A]3! Knock! Knock! Knock!
Oh, there's a [D]dinosaur, [G]knockin' at my [D]door,
And he's come to have Shab[A]bat with [D]me.

I [G]opened up the door and I [D]said, "Come in!"
He [E7]wagged his tail and [A7]gave me a grin.
He [G]squeezed and he squeezed
'til he [D]came right thru,
With the [E7]door, the window
and the [A7]front wall too! OY! (chorus)

He [G]rubbed his tummy and he [D]said, "Let's eat!"
We [E7]sat down at the table
for a [A7]homemade Shabbas treat.
He [G]reached for the challah
as my [D]mom walked in the room
[E7]"No," she said, "that's not what well-raised
[A7]Jewish dinos do!" OOPS!
[G]First we'll light the candles, and [D]then we'll drink
the wine; [E7]Then we'll eat the challah
and [A7]then it's dinnertime! AAH! (chorus)

Challah in the Oven by Raffi, adapted by Shira Kline

[A]Challah in the oven gonna watch it rise!
Challah in the oven gonna [E]watch it rise.
[A]Challah in the [A7]oven gonna [D]watch it [Dm]rise,
[E]Right before my very [A]eyes!

Gonna knead the dough and make it light...
Twist and braid it so it's nice and tight...

Gonna take it out when it's nice and hot...
Gonna eat it all up right on the spot...

Sabbath Wishes by Peter and Ellen Allard, capo 2

Can be adapted for Havdalah... Shavua Tov/week

Shab[Am]bat Sha[E7]lom, Shab[Am]bat Sha[E]lom,
Shab[Am]bat, Shab[E]bat Sha[Am]lom (2x)

I [Am]wish for you a [G]happy day,
I [Am]wish for you a [E]peaceful day,
A [Am]happy [E]day, a [Am]peaceful [E]day,
Shab[Am]bat, Shab[E]bat Sha[Am]lom

SONGS THAT TEACH...

JUST FOR FUN...

Ten Etzbaot by Peter and Ellen Allard

[C]Etzbaot, [G]Etzbaot, [C]I have ten [G]etzbaot!
[C]Etzbaot, [G]Etzbaot, [C]I have ten [G]etzba[C]ot!
I can [G]clap, clap, clap (echo)
with my [G7]etz-ba-ot—!

Pat... Shake ... Wave ... Wiggle ... Tickle ... Tap...

My Body is Part of Me by Peter and Ellen Allard

This is my head, it is my **rosh** (2x)
My rosh is part of my body
and my body is part of me,
and I'm as happy as can be!

Eye—A-yin; Nose—Af; Mouth—Peh; Hand—Yad; Leg—Regel

The Dinosaur Song by Betsy King Brock

[C]Lisa has a dinosaur, its color is Ya[F]rok
[G]Lisa has a dinosaur, its color is Ya[C]rok
[C]Lisa has a dinosaur, its color is Ya[F]rok
And [G]when it walks it goes like [C]this:
STOMP, STOMP, STOMP, STOMP, STOMP, STOMP!
[G]Now [C]roar! (everyone roars)

Color Song adapted by Doris Sugar and Lisa Baydush

TTTO Skip to My Lou

[C/G/C]Who is wearing **kachol**, that's blue? (3x)
[G]Clap your hands to [C]show it's true!

[C/G/C]Who is wearing **adom**, that's red? (3x)
[G]Snap your fingers [C]over your head!

[C/G/C]Who is wearing **yarok**, that's green?
Jump [G]up and down like a [C]jumping bean!

[C/G/C]Is anyone wearing **black** or **white**? (3x)
Shout sha[G]chor and lavan with [C]all your might!

[C/G/C]Who is wearing **tzahov**, yellow? (3x)
[G]Raise your hands and [C]shout, "HELLO!"

[C/G/C]Who is wearing the colors of a keshet? (3x)
A [G]keshet is a [C]rainbow!

Shake, Shake, Shake by Peter and Ellen Allard

[Am]Shake, [C]shake, [D]shake, da da da da da (3x)
[Am]the tzedakah box. (repeat)

You [Am]put the money [D]in (3x)
[Am]the tzedakah box!

Helping those in need (3x)...
Every penny counts (3x)...

Sing a Silly Song by Lisa Baydush, capo 2

[C]Sing, sing a [F]song, sing a [C]song, sing a [F]silly song,
[C]Sing, sing a [F]song with [G]me!
[C]Sing, sing a [F]song, sing a [C]song, sing a [F]silly song,
[C]Sing, sing a [G]song with [C]me!

Let's sing it with la's! La-la-la-la la-la-la-la LAAAA!

How would a cow sing it? Moo-moo-moo...MOO!

How about a sheep? Ba-ba-ba...BAAA!

How would a rooster sing it? Cock-a-doodle, doodle dooo!

Remember when you were a baby and you cried? Waa!

Does this song make you giggle? Ha ha ha ha ha... HAAA!

Shubi Dubi by Gideon Koren, English by Lisa Baydush, capo 4

[D]Shubi dubi dubi shubi dubi dubi
[E]Shubi dubi dubi shubi dubi dubi
[D]Shubi dubi [A7]dubi [D]dubity [E]a
[A]Shubi dubi [A7]dubity [D]a (repeat)

I [D]have a little teddy bear;
He's my best friend, [E]Shubi
He [A]sleeps in my bed and wears pajamas;
He is such a [D]cutie!
I [D]take him with me everywhere,
[D7]He is always [E7]with me!
And [A]when I sing songs he [D]sings along:
[E]Shubi dubi [E7]dubi dubi [A]do, oh, oh, oh...

Driving in my Car by Peter and Ellen Allard

I'm driving in my car, driving far, I'm a movie-star,
Driving in my car, vroom, vroom, vroom!

I've got my sunglasses on...

I've got my scarf 'round my neck...

I've got my hat on my head...

I've got my puppy dog next to me...

I've got the radio turned on... ZOOM!

The Body Rock by Greg Scelsa, capo 2

[C]C'mon and get that rock 'n roll...
in your **head**, [G]in your head [C]in your head
C'mon and get that rock 'n roll in your head,
We're [G]doin' the body [C]rock!
C'mon and get that rock 'n roll in your **arms**...

Chorus:

Well you can [F]get your knees movin' from side to side,
[C]dancin' with the beat
And when you [D]feel that rock 'n roll down in your feet,
the [Dsus2]feelins' are so [G]neat!

...in your **hips** ...down in your **feet** (chorus)

...from **side to side** ...from **front to back** (chorus)

...**all** over you ...**back** to your seat

We're doin' the body rock! (3x)